



Irish Cultural Center Hudson Valley presents the 31ST ANNUAL



# shamrock Run



To Benefit *Children's Art Programming of  
The Arc of Ulster-Greene*



**Sunday, March 10th, 2019 — 12:50 p.m. (sharp!)**

**Academy Green, Kingston**

**Flat, Fast and First Class — only 2 miles**

**START:** Academy Green, Kingston, 12:50pm sharp

**FINISH:** At the foot of Broadway

**Entry FEE:** \$22.00 Preregistered to March 6  
\$25.00 March 9 & 10 in person sign-up

Saturday T-Shirt Pickup for both Team & Individuals  
at the foot of Broadway on March 9th from 10:00 am to 1:00pm

Check in and Race Day Registration 10:00 a.m. – 12:30 p.m.

Across from Academy Green at Governor Clinton Apartments, 1 Albany Avenue.

Team pick-up by ONE person at Team Table ONLY.

The first 3000 registrants guaranteed a shirt or pint glass.



Honoring  
**Bob Cook, Jr.**  
*Long time volunteer*

**Post Race Party - ID Required for post race party:** 1:30 pm at the Rondout Neighborhood Center, 105 Broadway, Kingston

**PRIZES:** Randomly drawn from all registered runners. **You must have a race number and be present to win.**

*Help us end hunger in Ulster County. Please bring non-perishable food to registration and we will distribute all collected food to a local food pantry.*

**For UPDATES Please follow us on Facebook or visit our website at [www.shamrockrun.org](http://www.shamrockrun.org) !**

MAIL REGISTRATION FORM  
AND CHECK PAYABLE TO:  
SHAMROCK RUN  
PO Box 1235  
Kingston, NY 12402  
Please Do Not Staple Checks

 **shamrock RUN**  
sunday, march 10<sup>th</sup>, 2019

**Grand Prize:**  
A Trip for two to  
**IRELAND**  
Seasonal Restrictions May Apply



Last Name		First Name	Email	
Mailing Address		Street	Phone ( )	
City	State	Zip	Shirt Size (XXL, XL, L, M, S, YL) or Pint Glass	

Team Registration: Send race forms and fees together. One person picks up T-shirts for team. Individual T-shirts will only be given to individual registrants.

Exact Name of Team or Group (Not school-affiliated)	Contact Person	Phone ( )
---	----------------	-----------

For group entries or questions, please call Holly 845-399-4437 or email [communicate@icchv.org](mailto:communicate@icchv.org)

**No refunds, exchanges, or transfers. No animals will be permitted to accompany the runners.**

In consideration of accepting this entry, I the undersigned, intending to be legally bound for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Ancient Order of Hibernians, the Irish Cultural Center Hudson Valley, the City of Kingston Parks and Recreation Department, the City of Kingston, and any and all sponsors, and their representatives, successors and assigns for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have trained sufficiently for this event and my physical condition has been verified by a licensed medical doctor. I hereby grant full permission to use photographs, videotapes, recordings or any other record of this event for promotional purposes.

An additional Donation \$ \_\_\_\_\_ to benefit Irish Cultural Center HV

**Signature of Participant** \_\_\_\_\_ **Date** \_\_\_\_\_

**Signature of Parent or Legal Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_

*(for participant under 18)*